



## Holiday Homework

(2019-2020)

Class II

Dear Children,

Summer holidays are here, enjoy them. To keep you busy and happy, here are some fun filled activities for your body, mind and soul. I am sure you will enjoy doing these.

### **Activities for the Body**

- Children, a healthy mind resides in a healthy body. Healthy food and proper exercises are important for your good health....
- Begin your day with a morning walk. Enjoy the cool morning breeze, close your eyes and thank god for all that he has given you. Exercise daily to feel relaxed.

Here are some easy recipes that you can learn with the help of any elder in the family. A healthy snack and a cool refreshing lolly to beat the scorching summer heat with.

#### **Recipe 1: Colourful Sprouts Salad**

- Use the following to make a tasty and colourful *moong dal* sprouts salad.
- *Moong Dal* sprouts, tomato, onion, lime juice, salt, pepper and *chaat* masala as needed
- Enjoy eating this with your family

#### **Recipe 2: Ice-lolly**

- Put one cup of any juice in a bowl and add little sugar in it
- Pour the mixture into the ice-lolly molds and insert lolly stick into the center of each
- Freeze the prepared sticks overnight and then unmold under a running tap to loosen
- After your morning exercise, cool yourself with the ice-lolly
- Say no to aerated drinks. Instead have plenty of water and juices.

*\*Note: Click a photograph of any ONE activity performed from the two given above for the class activity.*

### **Activities for the Mind**

Exercise for the mind is as important as it is for the body.

1. No one likes to forget the memory of his or her favourite place visited. So, visit one this summer, capture your memories through photos and bring one photograph along with you on 2<sup>nd</sup> July.
2. This International Yoga Day, bring your mind, body and soul together on June 21. Practice Yoga to keep yourself healthy and bring colorful cutouts of your practice as well as a picture of your family doing yoga.
3. Our surroundings are full of interesting shapes. Go out and observe different shapes. Put them together in the form of a scenery / garden scene / beach or any mode of transport (Use multicolored glaze paper).

4. Highlight your drawing and coloring skills by making two birthday cards. Leave the inside blank.
5. Children, be a book lover and fill yourself with enthusiasm to select and read at least one English/Hindi story every week. These could be classic fairy tales, Harry Potter, Peter Pan, Goldilocks, Mowgli, Alice, etc.
6. Make a list of 5 new words, 5 proper nouns, 5 describing words and 5 action words from the story which you have read and wherever possible draw or paste related pictures on A'4 sheet.
7. Have fun with numbers by completing the puzzles attached with the holiday homework and bring them back on 2<sup>nd</sup> July.

*\*Note: Points 1 to 6 will be used for class activities*

### **Activities for the Soul**

1. Children! Imbibing good values such as caring, sharing and being respectful will help you become a better person.
2. Do help your parents by keeping your room, house and surroundings clean. Keep your things in place; talk softly and respectfully with everyone. Remember not to shout.
3. Try to teach counting of numbers and English/Hindi alphabets to someone who does not know how to read and write.
4. Draw or paste any 10 pictures of food you like, in your R.C notebook. Circle the healthy food green and the unhealthy one red. We will have an interesting activity in class when you come back.

Be good, have fun and spread happiness. Enjoy yourself and come back refreshed and rejuvenated.

*\*Note:*

- *Revise all work done in the class till now in all the subjects.*
- *Make a notebook using the unused blank sheets from your old notebook. Use this as your practice notebook.*
- *Remember to switch off fans, lights, ACs, TV and all other electric appliances when not in use. Turn the tap off while brushing and do not let buckets overflow. Save Water!*

### **Holiday Home Work(Art) (Collage)**

Make a big and simple drawing (in outlines only) and fill it up with tiny pieces of coloured papers. Frame it with coloured paper and display it at home.

### **Music**

Prepare for the Open House Music Competition. Types of songs permitted. Classical, Semi-classical, Patriotic and Devotional (Bollywood).

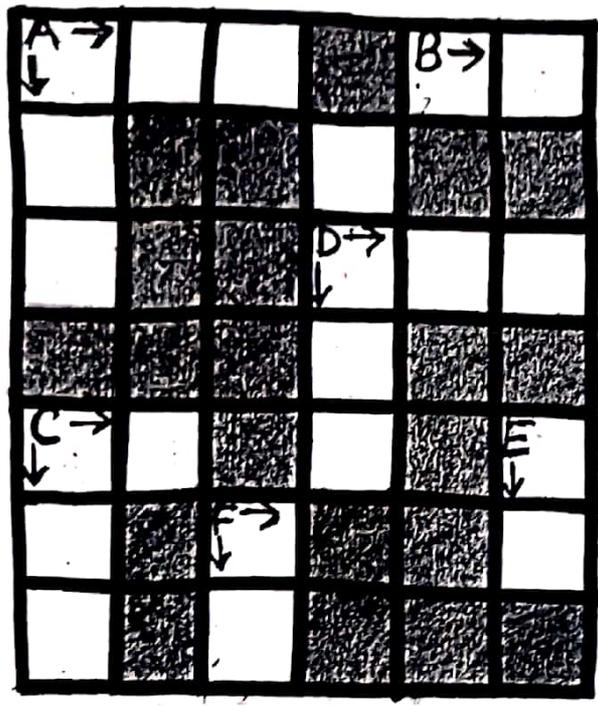
### **Dance**

Prepare for the Open House Dance Competition. Types of Dance forms permitted. Classical, Semi-classical, Folk, Western, Patriotic (Time limit 2 mins)

With love,  
Your loving teachers

# SOME FUN WITH NUMBERS

Complete the puzzle and bring it back



Write the positions of the following letters in English alphabets. One has been done for you.

V	<input type="checkbox"/>	22 <sup>nd</sup>
I	<input type="checkbox"/>	_____
B	<input type="checkbox"/>	_____
G	<input type="checkbox"/>	_____
Y	<input type="checkbox"/>	_____
O	<input type="checkbox"/>	_____
R	<input type="checkbox"/>	_____

Now colour the boxes with the corresponding colours,

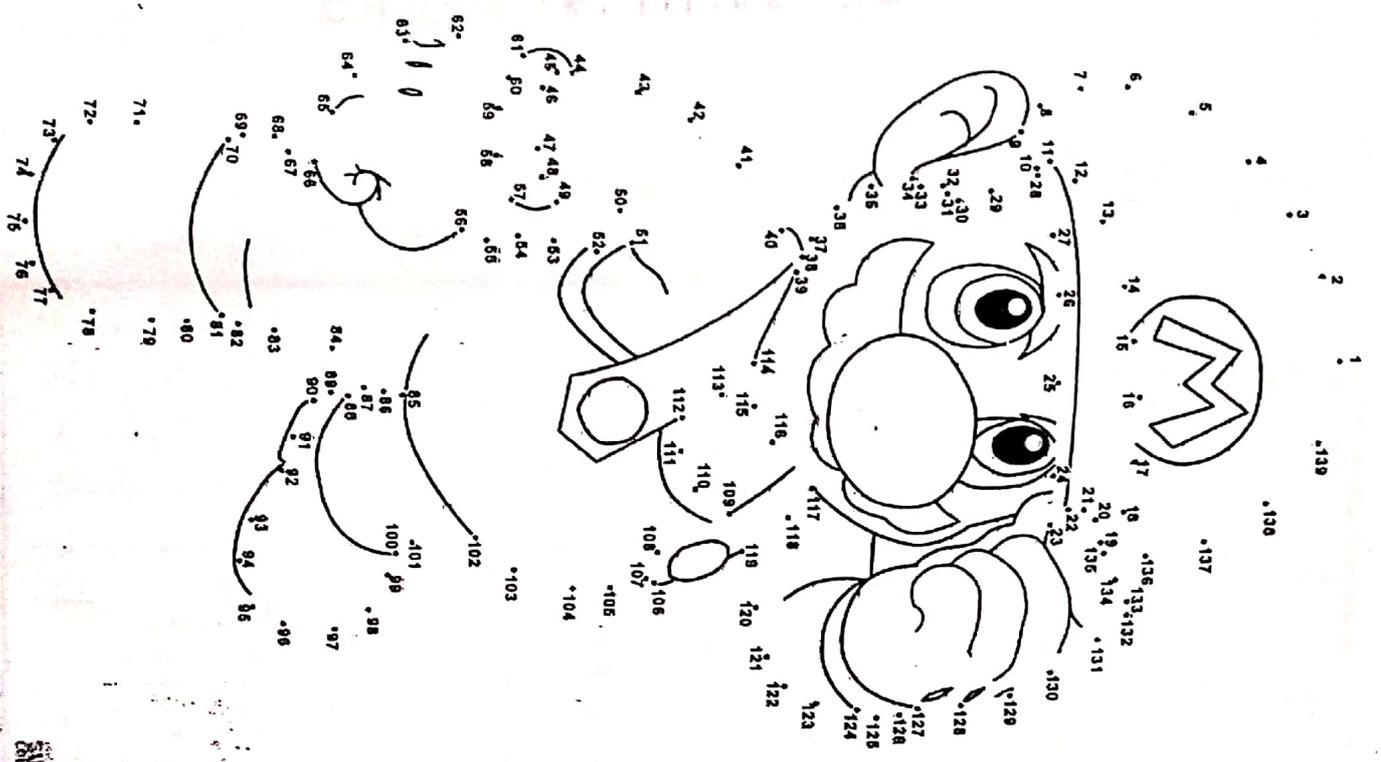
### Across →

- A 1 hundred + 6 tens + 5 ones
- B Biggest 2-digit number and colour it yellow if it is odd.
- C Number of fingers in two hands.
- D Which is greater 198 or 189?
- E Write the third odd number.

### Down ↓

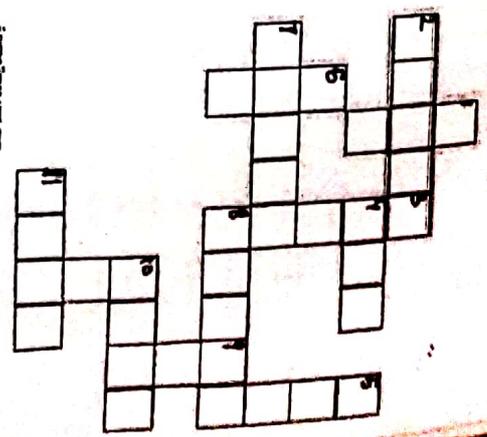
- A Number before 200
- C Numeral for One hundred eleven
- D Smallest 3 digit number
- E Place Value of 8 in 184
- F Half of 100

# JOIN THE DOTS



Write the word for each picture in the blank. Then write into the puzzle.

- dog pat
- cat shurt
- fish shoes
- bird car
- milk bus
- water truck



ACROSS

DOWN

- 2. \_\_\_\_\_
- 4. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_
- 10. \_\_\_\_\_
- 1. \_\_\_\_\_
- 3. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 9. \_\_\_\_\_
- 10. \_\_\_\_\_